

Technique Classes (Across the floor, Improv & Stretch, Turns, Arch & Ankles, Leaps & Jumps)
Athletic clothing- Bike shorts or leggings. Sports bras and tank tops.
Shoes- Foot undeez, Turners or Half soles, Dance socks, Barefoot optional



https://www.amazon.com/Dancecore-Girls-Activewear-Set-Gymnastics/dp/B0DLJJKMFJ/ref=sr_1_1_sspa?crid=3J3P3L10AE9SK&dib=eyJ2ljojMSJ9.xWlxZP6L_ioRnRftdK7YSquPQShVc2tPIEIPrLGs-EYsbpMfRiXC-V5pDDqkoT4e2y6qk8QLlp0s3fxVZpvSJOYAvCcdBEawmr8oSnetDT4AzIBHS6UVSbMLMtEe36krseUTZ6XoxC8mRIAZbYMRroQ5cxcS_ctXVLgcnxe2Wlp-500R0A1PLygR7XGNYtRRmalkSl_w5vMvoQpVTmUvgavofRJM56rgAqJurEayFzuOKBsJK3W8Djm0ky5uQkqEvBjTbXLddA9ZccR3y2DPLw2NfCOvC_ojYKHdFRMRl.5llqCHAVAGXWZBdeb9moz3CfvrW4f5W3byQRzewq2t4&dib_tag=se&keywords=dance%2Btops&qid=1755793448&sprefix=dance%2Btops%2Caps%2C184&sr=8-1-spons&sp_csd=d2lkZ2V0TmFtZT1zcF9hdGY&th=1&psc=1

https://www.amazon.com/CRZ-YOGA-Butterluxe-Waisted-Legging/dp/B09P1G2952/ref=sr_1_1?crid=109221DQJIRVV&dib=eyJ2ljojMSJ9.aphxmJ0beUbYPpDL9pPBOD_bUqu-Bci8UhxmlqRGOk3ZhXrEH4l5N-E85EUb6tu84NDNVnGoDZr2xzjnpfUZf9SVro90WB0f-tHMjYG1Sw-LxxtEZSR0isaMoCV7gB9DexOKUGqkBWaz_aViBw2irk_6R2kC6H_IEYs_ahNT0eTkWOwr5_OJ-P2KeBayPPaeNyn8AmTOg4qZQMjyp-Tvx3au_Y_U_oH2kE5hBuiXlwJSiCvbRcV2amClwW5xCKx9JVJB4jAqVgB951ylkQdZB4zDYWbovfcFs1AHNN5qmY4.vgObQZqnmxz9ttqLsGY9rVhgUYfpKYiSq8C8xYfRsysc&dib_tag=se&keywords=crazy%2Byoga&qid=1755793545&sprefix=crazy%2Byoga%2Caps%2C185&sr=8-1&th=1&psc=1

https://www.amazon.com/Capezio-Canvas-Pirouette-Dance-Medium/dp/B005907RIY/ref=sr_1_1_sspa?crid=15JBJSBDBU77E&dib=eyJ2ljojMSJ9.Akc3gl_zi_b9VV5NjTKWx0s1788Yopl8GiCYKxxfky1jkAypeS5UI7K9P8MK5_H9uWWWuPJOIZWDawhu5vFBUTPOJ993BQHv-HTVplXsE4db0obJ32T7Pr5xCdtbuJKOZEjU5ZhXMyVpLeYmK0WywmHNJwsPJHzllQ3zv0ip1TJxV2FpfbclvqmBGSKPLoBEDU7BkgzGtJDwo9-7soLWBiDslQraliW3_t5cPPDj_nVXJLH8Jqcbh8W6FY2h1XMVQPgLe7t03bWZjl9zObQpxFVz3UJ_oKUqOKJ_ZFywUSZE.bhMTeCmH1pPcNAHuOd8eYfubdVaSKJV511gfKEdqaDQ&dib_tag=se&keywords=dance%2Bturners&qid=1755793700&sprefix=dance%2Bturners%2Caps%2C161&sr=8-1-spons&sp_csd=d2lkZ2V0TmFtZT1zcF9hdGY&th=1&psc=1

https://www.amazon.com/Caplaney-Undies-Lyrical-Contemporary-Fitness/dp/B0DSM35C3D/ref=sr_1_1_sspa?crid=3CQT9Q1LCGJWI&dib=eyJ2ljojMSJ9.7kVIPoZDLiWt4WnoMPRI4NaIGKLO46nZ0-MctLxR6zo-BTENJyagM4-

[RcwQGtYVCJYvyhMesdrLZc4j3tOeLmGNcWhe6Z-633yK9eu8K7keEmdmb0qioLOf5FU39N_GcdvHIErkS60vsQqtufu2nln5Ty0ZqTHir-fG7yUHB_z9L6rgsla6jpBzMGGJfrVqTXvApV6Y-Dgx8-twjbHtZWE6SMCXj48HRKXE7kWblx-U3GCAYM0hrx3ELVCYejVs_fXnvVBHKenjEkRTsb2SYSn7w1TE9W23SvKQKKpy nA.UFzbSC7jYu8LiJB6FZG6t8VKHXiZH1Y-0sTOfRRr6aY&dib_tag=se&keywords=dance%2Bfoot%2Bundeez&qid=1755793730&sprefix=dance%2Bfoot%2Bundeez%2Caps%2C149&sr=8-1-spons&sp_csd=d2lkZ2V0TmFtZT1zcF9hdGY&th=1&psc=1](https://www.amazon.com/Bloch-Blochsox-Black-LG-Womens/dp/B07ZX3B9RL/ref=sr_1_1_sspa?crid=O44O1SF3J5YP&dib=eyJ2ljojMSJ9.g-EuuCOE6rY0O4dpl5QP0ZEQErVWpz9WHY964leRtHrBvgsBuR1tB8Oi1TXf1qTHJO2fJOCJDDdheDD6FJi1CSzj-B7gGcQiyaHB6xOIodRhC3MLLqlrur729R0YwLO1_02tXknPtq-77HUhpO1ZQ-Ojhw8BgCmpmAU_boBqUUwmXTp76LHM7co-xXIKKy7I1t4Eob5zKYu4gydjknPYXhM3OAsLEO58R_UhzHLDfs-668ZtaOEeQ3T-WerKTwyrBzxfzAgLbuJnPVnv2IY4KhevA3Lg5sP7jrA0SMcg.ySFg_Hh7bU5A8LBgFDKD13_qNsdCW3mRt5uHP3Vq5OM&dib_tag=se&keywords=dance%2Bsocks&qid=1755793761&sprefix=dance%2Bsocks%2Caps%2C160&sr=8-1-spons&sp_csd=d2lkZ2V0TmFtZT1zcF9hdGY&th=1&psc=1)

https://www.amazon.com/Bloch-Blochsox-Black-LG-Womens/dp/B07ZX3B9RL/ref=sr_1_1_sspa?crid=O44O1SF3J5YP&dib=eyJ2ljojMSJ9.g-EuuCOE6rY0O4dpl5QP0ZEQErVWpz9WHY964leRtHrBvgsBuR1tB8Oi1TXf1qTHJO2fJOCJDDdheDD6FJi1CSzj-B7gGcQiyaHB6xOIodRhC3MLLqlrur729R0YwLO1_02tXknPtq-77HUhpO1ZQ-Ojhw8BgCmpmAU_boBqUUwmXTp76LHM7co-xXIKKy7I1t4Eob5zKYu4gydjknPYXhM3OAsLEO58R_UhzHLDfs-668ZtaOEeQ3T-WerKTwyrBzxfzAgLbuJnPVnv2IY4KhevA3Lg5sP7jrA0SMcg.ySFg_Hh7bU5A8LBgFDKD13_qNsdCW3mRt5uHP3Vq5OM&dib_tag=se&keywords=dance%2Bsocks&qid=1755793761&sprefix=dance%2Bsocks%2Caps%2C160&sr=8-1-spons&sp_csd=d2lkZ2V0TmFtZT1zcF9hdGY&th=1&psc=1